

2019-2020 Competition Team Schedule

September

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

1-2 Labor Day Weekend
7 Competition Team Trials[†]
8 Team Training
15 Team Training
22 Parents' Meeting
29 Team Training

October

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

6 New York Open
13-14 Columbus Day Weekend
20 Team Training
27 Team Training

November

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

3 NY Okinawa Karate Championships
10 FIKA International Open*
17 Team Training
24 Team Training
28-30 Thanksgiving Break

December

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

1 Thanksgiving Break
8 Team Training
22-31 Holiday Break

January

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

1 New Year's Day
5 Team Training
12 Team Training
19-20 MLK Weekend
26 Team Training

February

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |

2 Big Apple Invitational*
9 Team Training
16-23 Mid-Winter Break
23 Winter Training Camp**

March

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

1 Team Training
8 New York International Open*
15 Team Training
22 Kyodai Cup*
26 EMA In-House Tournament

April

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

5 Team Training
5-13 Spring Break
9-10 Junior International Open
11-12 US Open
26 Shobukan Cup

May

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

3 Philadelphia Open*
22-25 Memorial Day Weekend
30 Boston Open*

June

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

7 Team Training
14 Team Training
21 Team Training
27-28 Nationals Training Camp**

July

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

4 Independence Day
5 Team Training
8-12 US Nationals & Team Trials

August

| Su | Mo | Tu | We | Th | Fr | Sa |
|----|----|----|----|----|----|----|
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

6-8 TBD Olympics Viewing Party
29-30 Summer Training Camp**

Tournaments

| | |
|---------------------------------|---------------------------|
| New York Open | Sunday, October 6, 2019 |
| NY Okinawa Karate Championships | Sunday, November 3, 2019 |
| FIKA International Open* | Sunday, November 10, 2019 |
| Big Apple Invitational* | Sunday, February 2, 2020 |
| New York International Open* | Sunday, March 8, 2020 |
| Kyodai Cup* | Sunday, March 22, 2020 |
| EMA In-House Tournament | Thursday, March 26, 2020 |
| Junior International Open | April 16-17, 2020 |
| US Open | April 18-19, 2020 |
| Shobukan Cup | Sunday, April 26, 2020 |
| Philadelphia Open* | Sunday, May 3, 2020 |
| Boston Open* | Sunday, May 30, 2020 |
| US Nationals | July 8-12, 2020 |

* National Qualifiers

Tournaments marked with an asterisk are USANKF National Qualifiers. Athletes who finish in the Top 8 in their division at these events qualify to compete at US Nationals.

** Training Camps

Students must attend at least one (if not both) training camps. The Nationals Training Camp is required for students planning to compete at Nationals.

† Team Trials

Team Trials are required for all students wishing to compete on the team, including former team members. If there are special circumstances preventing an athlete from attending, please notify Sensei Ben ASAP.