

## Competition Team Packing List

- Competition Team gi on a hanger, ironed or dry cleaned, and unwrinkled.
- BOTH belts (blue and red)
- Competition Team jacket
- An Edge Martial Arts shirt
- Track pants to warm-up in (if you don't want to warm up in your gi pants). Please, no shorts, jeans, etc.
- Girls: a PLAIN WHITE t-shirt to wear under the uniform
- Water bottle
- A couple snacks
- A book or some homework
- A small unmarked gym bag or an EMA sparring gear bag for clothes once you've changed into your gi