

Edge Martial Arts Competition Team

Frequently Asked Questions

The EMA Competition Team is an opportunity for all students interested in kata competition at the regional, national, and international level. Although karate is not so much a sport as it is a way of life, and competition with others plays a very small role in our overall training, we encourage our students to consider tournament competition as one way to grow their skills and challenge their limits.

How do students join the Competition Team?

Spots on the Competition Team are earned through competing at Team Tryouts. All students, including returning team members, are required to attend. Tryouts will be held on **Sunday, September 15th, 2024**.

Registration for Team Trials must be completed no later than **Thursday, September 12th**; please submit the registration form and the \$20 participation fee by this date.

Please note that although we reserve the right not to accept students onto the team at our discretion, the goal at Team Tryouts is that all participants will be successful — tryouts are as much about determining a “baseline” skill level for each athlete as it is team selection.

What is the time commitment?

Team Training is on Sundays (and for Intermediate, Advanced, and Elite level athletes also on Thursday evenings). Team members are expected to attend all team training sessions, barring illness or family obligations.

Students are also expected to be actively practicing at home using the weekly drills and resources posted on **Google Classroom**. Students with excessive absences (excepting illness), or who are not meeting their at-home practice obligations, may be put on probation from the team.

What is the cost?

The cost of participation on the team is \$500. This covers all team practices from September 2024 through June 2025. The cost of events (seminars, training camps, competitions, etc.) is not included in this.

Payment may be made by Zelle (to info@edge-ma.com) or credit card.

What equipment is required?

- A plain white gi.
- A red belt and a blue belt, which are used for scoring.
- Team warm-ups: jacket and pants

We are happy to take care of ordering the uniforms and belts through vendors with whom we have wholesale relationships, or we can provide a list of acceptable brands for you to shop on your own. We recommend discussing sizing with us prior to ordering.

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Where are the tournaments held?

Many USANKF-sanctioned events are held right here in the local Tri-State area, particularly in New York City, Long Island, Northern New Jersey, and Westchester County.

Additional events around the country on the schedule are typically listed for the benefit of Advanced and Elite level athletes. There is no expectation of students at the Beginner and Novice levels to travel outside of our immediate area – however, students interested in traveling farther for some events are encouraged to discuss with Sensei Ben.

Is every event mandatory?

No. Participation at all events is strongly encouraged; however, we expect that most team members will be unable to compete at one or two events on the schedule.

How much do tournaments usually cost?

Registration for events is typically between \$65 and \$85 depending on the size of the event.